

### Dance Department Evaluation Requirements

#### In Person Evaluation Dates:

March 29 and May 3 from 9am-12:30pm

- 5th & 6th grades (with prior dance background) 9am-9:45am
- 7th & 8th grades 10am-10:45am
- High School from 11am-11:45pm
- 5th & 6th grades (without prior dance background) 12:00-12:30

Location: ASA Dance Studios 1410 N 3rd St, Phoenix, AZ 85004

Sign up for your evaluation spot here: <https://www.signupgenius.com/go/ASADanceEvals>

Who needs to do an evaluation? Any student applying for admission at ASA and would like to dance as their first or second choice in their arts classes. There are limited spots available in dance and only students who complete an evaluation will be considered for placement.

#### What should I wear in my evaluation video?

Female: Black leotard with pink tights and pink ballet slippers. Long hair needs to be secured in a neat bun. 7th-12th grade students should wear pointe shoes. If students have not studied pointe, include this in the body of the email. All female students must be on pointe for enrollment into the Classical ballet program for 9-12 grade. If you have no pointe experience and are entering HS, you still must take a ballet placement assessment in ballet slippers. ASA has a Contemporary program that has a required ballet assessment component for enrollment.

Male: White short-sleeved close-fitted t-shirt with a dance belt, black tights, and black or white ballet slippers. Hair should be kept neat and out of the eyes.

What if I am a beginner? ASA only accepts beginners in the dance program in the 5th and 6th grades. Students requesting this placement must complete a ballet readiness assessment as listed on the next page. Wear shorts, a short sleeve t-shirt, hair off the face or in a ponytail, no jewelry, no socks or shoes.

How do you find out your placement? Ballet placement information will be emailed, within two weeks, after the last evaluation session is complete and the results are compiled. You can contact the ASA Arts Director, found on the school website if you need further information.



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## Student Video and In Person Evaluation Form

It is preferred to attend one of the in person evaluation dates, but if you are unable, you can submit your evaluation (as listed on the next page) as a video submission with the following email template to [Firicano@goasa.org](mailto:Firicano@goasa.org)

**Subject:** Student Name Dance Video Evaluation

**In the body of the email:**

Student Name:

Current grade:

Email:

### 5th Grade Beginner Readiness Assessment (5-8 minutes max)

1. The student standing up straight using his/her "best posture"
2. The student bending forward to touch his/her toes with legs remaining as straight as possible, (Hamstring flexibility)
3. A side view of the student rising up onto the balls of their feet. (Demi-pointe/ flexibility in the ankles) keeping the legs fully straightened
4. A side view of the student pointing their toes keeping the legs stretched out in front with knees facing the ceiling. (Flexibility in the feet)
5. "Frog" position where the student is on his/her stomach with the legs bent into a V shape behind him/her trying to get the feet as close to the floor as possible. (Flexibility in the hip joints)
6. Touch the toes to your head while lying on the stomach to show flexibility in the spine.
7. Student demonstrating a forward split either the right or left leg in front on the floor. (Flexibility in the legs)
8. Student doing 4 skips and 3 claps (in 8 counts) twice in succession. (Measuring coordination)

Continue on the next page for Non-beginner information



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## Student Video and In Person Evaluation Form

### 5th-7th Grade Non-Beginner Student Videos (20 minutes max)

Barre: Only 1 side for each exercise - combinations should be done with music

1. Demi and Grand plies in first, second, and fifth positions with port de bras forward, side and back finishing with a balance in sus sous
2. Battement tendu en croix
3. Battement jete en croix
4. Ronds de jambe a terre and en l'air ending with a balance in retire
5. Fondu and developpe en croix
6. Grand battement en croix

Center: combinations should be done with music

1. Adagio using developpe and promenade in arabesque
2. Single pirouette en de hors from fifth position - show both sides
3. Changement de pied from fifth position
4. Assemble dessus from fifth position - show both sides
5. Saute (in first arabesque) temps leve in retire derriere from the corner

### 8th-12th Grade Student Videos (20 minutes max)

Females should wear pointe shoes for the audition

Barre: Only 1 side for each exercise - Females please execute the balances on pointe - Record/perform the exercise with music.

1. Demi and grand plies in first, second, fourth, and fifth with port de bras forward, side, and back finishing with a balance in sous sus
2. Battement tendu en croix
3. Battement jete en croix
4. Rond de jambe a terre and en l'air finishing with a balance in retire (passe)
5. Battement fondu and developpe en croix - Females execute this exercise on pointe
6. Grand battement en croix - Females execute this exercise on pointe

Center: Record/perform the exercises with music

1. Adagio including developpe and promenade in arabesque
2. Single or double pirouettes en dehors from fourth position using tombe pas de bourree from the corner - Ladies execute this exercise on pointe
3. (Females only) Releve echappe to second and fourth positions on pointe
4. Changement de pied from fifth position
5. Glissade with assemble dessus and dessous from fifth position
6. Sissonne fermee and ouverte a la seconde and arabesque - Ladies execute this exercise on pointe
7. Saut de chat from the corner using tombe pas de bourree
8. (Males only) Single or double tour en l'air from fifth position on both sides