



Arizona School for the Arts

Grades 9-12  
Sex Ed Curriculum  
Proposal 2022 - 2023

[AZ Legislation Regarding Sex Ed](#)

[National Sex Education Standards](#)

- [Rights, Respect, Responsibility: A K-12 Sexuality Education Curriculum Teacher's Guide](#)
- [Rights, Respect, Responsibility Complete Curriculum](#)

| <b>Strand Abbreviation</b> | <b>Strand Name</b>                      |
|----------------------------|---|
| CHR                        | Consent & Healthy Relationships         |
| AP                         | Anatomy & Physiology                    |
| PD                         | Puberty & Adolescent Sexual Development |
| GI                         | Gender Identity & Expression            |
| SO                         | Sexual Orientation & Identity           |
| SH                         | Sexual Health                           |
| IV                         | Interpersonal Violence                  |

*You will find that some of the strands have different abbreviations in the lessons. Information regarding their revisions can be found on [page 11](#).*

[Lessons - Rights, Respect, Responsibility](#)

Lessons will be completed throughout the school year.

- Lessons colored **green** must be covered during the year.
- Lessons not highlighted are optional.
- Lessons colored **red** are not to be completed or have a portion that needs to be excluded.

| Grade    | Sequence            | Page #     | Strand(s)     | Lesson Title                                       | Note(s)  |
|----------|---------------------|------------|---------------|--|--|
| <b>9</b> | <b>Lesson 1</b>     | <b>480</b> | <b>CHR</b>    | <b>They Love Me...They Love Me Not...</b>          | <b>HW link does not work</b>   |
| 9        | Lesson 2            | 487        | SH            | How Well Do I Communicate with Others?             |  |
| 9        | Lesson 3            | 497        | IV            | It Wasn't My Fault                                 | Need a rape survivor to come in - definitely requires parental consent |
| <b>9</b> | <b>Lesson 4</b>     | <b>503</b> | <b>SO</b>     | <b>Sexual Orientation, Behavior &amp; Identity</b> | <b>Powerpoint</b>  |
| 9        | Lesson 5            | 513        | GI, SO        | Understanding Gender                               | HW video link does not work<br><a href="#">Powerpoint</a>              |
| <b>9</b> | <b>Lesson 6</b>     | <b>520</b> | <b>PD, SH</b> | <b>Decision, Decisions</b>                         | <b>HW completed with parent</b>  |
| 9        | Lesson 7            | 534        | CHR, SH       | Sexual Decision Making                             |  |
| 9        | Lesson 8            | 541        | SH            | Planning and Protection: Avoiding or Managing STDs |  |
| <b>9</b> | <b>Lesson 9</b>     | <b>548</b> | <b>SH</b>     | <b>What If...?</b>                                 |  |
| <b>9</b> | <b>Lesson 10</b>    | <b>556</b> | <b>SH</b>     | <b>STD Smarts</b>                                  | <b>Powerpoint</b><br><b>DO NOT DO THE HW (biased)</b>                  |
| <b>9</b> | <b>Lesson 11</b>    | <b>567</b> | <b>SH</b>     | <b>Creating Condom Confidence</b>                  | <b>DO NOT DO THIS LESSON</b>   |
| <b>9</b> | <b>Supplemental</b> |            | <b>AP</b>     | <b>Sexual Systems 1: Parts</b>                     | <b>Files for the lesson</b>  |

|    |              |     |            |  |  |
|----|--------------|-----|------------|--|--|
| 9  | Supplemental |     | CHR        | Unhealthy Relationships: Plan for Safety                     | <a href="#">Files</a> for the lesson   |
|    |              |     |            |  |  |
| 10 | Lesson 1     | 574 | IV & CHR   | Rights, Respect, Responsibility: Don't Have Sex Without Them |  |
| 10 | Lesson 2     | 582 | SH         | Know Your Options  | Correct link for <a href="#">contraceptive methods</a><br>MUST INCLUDE THAT ABSTINENCE IS THE ONLY WAY TO COMPLETELY PREVENT PREGNANCY   |
| 10 | Lesson 3     | 594 | SH         | We All Have Rights   | Quiz information out of date with the times<br>DO NOT DO THIS LESSON   |
| 10 | Lesson 4     | 602 | SH         | Let Me Tell You  |  |
| 10 | Lesson 5     | 616 | CHR        | Using Technology Respectfully and Responsibly                | <a href="#">Powerpoint</a><br>DO NOT USE THE VIDEO IN THE LESSON<br>USE <a href="#">THIS VIDEO</a> INSTEAD<br>Link for laws does not work; Other options <a href="#">1</a> and <a href="#">2</a> .<br>DO NOT ASSIGN THE HW |
| 10 | Lesson 6     | 621 | GI, SO, IV | Our Space, Safe Space  | <a href="#">Powerpoint</a>   |
| 10 | Lesson 7     | 625 | SH         | Trust It or Trash It: Finding Accurate Sex Ed Info           | Switch out tumblr site for <a href="#">amaze.org</a><br><a href="#">Powerpoint</a>   |
|    |              |     |            |  |  |
| 11 | Lesson 1     | 633 | PD         | How Do You See Me?   | DO NOT DO THIS LESSON  |
| 11 | Lesson 2     | 637 | CHR        | My Boundaries  |  |
| 11 | Lesson 3     | 645 | CHR, IV    | Is it Abuse If...?   | Updated video link for <a href="#">"The Signs"</a>   |
| 11 | Lesson 4     | 650 | SH         | Wanted: Qualified Parent                                     |  |
| 11 | Lesson 5     | 654 | GI, SO     | Gender and Sexual Orientation:                               |  |

|    |              |     |        |   |  |
|----|--------------|-----|--------|---|--|
|    |              |     |        | Understanding the Difference  |  |
| 10 | Supplemental |     | IV     | Sex Trafficking   | Files for the lesson   |
|    |              |     |        |   |  |
| 12 | Lesson 1     | 659 | SH     | What Are My Reproductive Rights?  | Some links outdated  |
| 12 | Lesson 2     | 666 | PD, SH | My Life, My Decisions   | <a href="#">Powerpoint</a>   |
| 12 | Lesson 3     | 670 | IV     | Sexual Rights: Who Decides?   | Trigger Warning: Statutory Rape  |
| 12 | Lesson 4     | 677 | SH     | Getting Savvy About STD Testing   | Updated video link for <a href="#">STD Zombie</a>                                      |
| 12 | Lesson 5     | 681 | CHR    | Fantasy or Reality: How Sexually Explicit Media Affects How We See Relationships<br>IRL | <a href="#">Powerpoint</a><br>Updated link for <a href="#">Liquid Plumr commercial</a> |
| 12 | Supplemental |     | AP     | Sexual Systems 2: Processes   | Files for the lesson   |